

boundaries.

- **Training Requirements:**
 - **Hours:** 3 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Ethical guidelines and case studies for discussion.
 - **Textbook:** "Ethics in Mental Health Peer Support" (Current Cost: \$30.00)
- **Cost:**
 - **Individual Rate:** \$75 (with textbook: \$105.00)
 - **Group Rate (5 or more):** \$60 per participant (with textbook: \$90.00)

5. Strategies for Supporting Recovery

- **Description:** This workshop provides practical strategies for utilizing peer support to enhance recovery outcomes, emphasizing mutual aid and resource sharing.
- **Training Requirements:**
 - **Hours:** 3 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Workshop handouts and recovery resource directories.
 - **Textbook:** "Supporting Recovery: A Guide for Peer Support Workers" (Current Cost: \$28.00)
- **Cost:**
 - **Individual Rate:** \$75 (with textbook: \$103.00)
 - **Group Rate (5 or more):** \$60 per participant (with textbook: \$88.00)

6. Trauma-Informed Care for Peer Support Specialists

- **Description:** This training emphasizes trauma-informed principles in peer support, teaching participants how to create safe spaces and promote healing among peers.
- **Training Requirements:**
 - **Hours:** 4 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Trauma-informed care frameworks and best practices.
 - **Textbook:** "The Body Keeps the Score" (Current Cost: \$19.99)
- **Cost:**
 - **Individual Rate:** \$100 (with textbook: \$120.00)
 - **Group Rate (5 or more):** \$80 per participant (with textbook: \$100.00)