

- **Description:** This training prepares participants to lead peer support groups and discussions, focusing on group dynamics, facilitation techniques, and leadership skills.
- **Focus:** Equipping participants with the skills to lead effectively while supporting others' recovery processes.
- **Duration:** 3 hours
- **Target Audience:** Peer leaders, facilitators, and those interested in leading support groups.
- **Cost:** \$100

## Summary

These **Peer Services Trainings** are essential for enhancing the capabilities of individuals in peer support roles, ensuring they have the knowledge and skills needed to foster recovery and resilience in their communities. Each workshop emphasizes practical applications and strategies tailored to real-world needs, promoting effective peer support systems and community engagement. The flexibility of the training modalities allows participants to learn in a way that suits their individual schedules and responsibilities while gaining valuable certifications and CEUs that can help advance their careers in the mental health field.

## Description of Prevention Trainings

The **Prevention Trainings** offered by Amitie LLC are designed to equip professionals, community leaders, and service providers with the knowledge and skills needed to implement effective prevention strategies in various settings. Focusing on a proactive approach to health and wellness, these trainings emphasize evidence-based practices to address critical issues, such as mental health, substance use, and community health disparities. By fostering a deep understanding of prevention principles, Amitie LLC aims to empower participants to create healthier communities through proactive interventions and education.

## Key Factors of the Prevention Trainings:

1. **Evidence-Based Practices** : Each training is grounded in the latest research and evidence-based strategies that are effective in preventing health issues and fostering wellness.
2. **Focus on Holistic Approaches** : The trainings address not only the individual but also social, educational, and community factors that contribute to health outcomes.
3. **Skill Development** : Participants will gain practical skills that can be immediately applied in their work, from program planning to implementation and evaluation.
4. **Community Engagement** : Emphasizes strategies for involving community members in the prevention process, fostering a sense of ownership and collaboration.
5. **Flexible Learning Modalities** : Offered in various formats, including in-person workshops, live virtual sessions, and on-demand courses, to accommodate different learning preferences and schedules.