

Here's a comprehensive description and overview for each of the specified **Prevention Trainings** offered by Amitie LLC for Certification programs and Continuing Education Units (CEUs). Each program is designed to equip participants with the knowledge and skills needed to implement effective prevention strategies in various health contexts.

## 1. Foundations of Prevention Education

- **Description:** This training provides a foundational understanding of prevention concepts, focusing on strategies to promote wellness and reduce the incidence of health issues in communities.
- **Training Requirements:**
  - **Hours:** 6 hours
  - **Prerequisites:** None
  - **Field Supervision:** None required
  - **Materials:** Course handouts, prevention resource toolkit.
  - **Textbook:** "Introduction to Prevention Science" (Current Cost: \$45.00)
- **Cost:**
  - **Individual Rate:** \$150 (with textbook: \$195.00)
  - **Group Rate (5 or more):** \$125 per participant (with textbook: \$170.00)

## 2. Chronic Disease Prevention Strategies

- **Description:** Focused on evidence-based practices for managing and preventing chronic diseases such as diabetes and heart disease, this training emphasizes community-based interventions.
- **Training Requirements:**
  - **Hours:** 8 hours
  - **Prerequisites:** Basic understanding of public health principles.
  - **Field Supervision:** None required
  - **Materials:** Chronic disease management frameworks and community intervention resources.
  - **Textbook:** "Chronic Disease Epidemiology and Control" (Current Cost: \$60.00)
- **Cost:**
  - **Individual Rate:** \$200 (with textbook: \$260.00)
  - **Group Rate (5 or more):** \$175 per participant (with textbook: \$235.00)

## 3. Mental Health and Wellness Promotion

- **Description:** This workshop covers strategies to promote mental health and wellness in various populations, focusing on prevention and early intervention techniques.
- **Training Requirements:**
  - **Hours:** 4 hours