

- **Prerequisites:** None
- **Field Supervision:** None required
- **Materials:** Wellness promotion materials and mental health resources.
- **Textbook:** "Mental Health Promotion: A Quality Framework" (Current Cost: \$40.00)
- **Cost:**
 - **Individual Rate:** \$100 (with textbook: \$140.00)
 - **Group Rate (5 or more):** \$85 per participant (with textbook: \$125.00)

4. Substance Use Prevention and Education

- **Description:** This training focuses on effective prevention strategies for substance use disorders, reviewing current trends and community interventions aimed at reducing substance abuse.
- **Training Requirements:**
 - **Hours:** 6 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Substance use prevention resources and strategies.
 - **Textbook:** "Substance Abuse Prevention: A Comprehensive Approach" (Current Cost: \$50.00)
- **Cost:**
 - **Individual Rate:** \$150 (with textbook: \$200.00)
 - **Group Rate (5 or more):** \$125 per participant (with textbook: \$175.00)

5. Strategies for Health Equity

- **Description:** This training covers the key concepts and strategies for promoting health equity in communities, focusing on addressing social determinants of health.
- **Training Requirements:**
 - **Hours:** 4 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Health equity resources and assessment tools.
 - **Textbook:** "Health Equity: A Guide to Best Practices" (Current Cost: \$55.00)
- **Cost:**
 - **Individual Rate:** \$100 (with textbook: \$155.00)
 - **Group Rate (5 or more):** \$80 per participant (with textbook: \$135.00)

6. Engaging Communities in Health Initiatives