

- **On-Demand Courses:** Flexible, self-paced courses available to participants at any time, allowing them to learn according to their schedule.
- **Certification Programs:** Certain trainings culminate in certifications recognized within the mental health field, validating participants' competencies and enhanced skill sets.
- **Continuing Education Units (CEUs):** Selected trainings are accredited for CEUs, allowing professionals to meet their licensure and certification maintenance requirements while expanding their knowledge.

By providing these Mental Health Trainings, Amitie LLC strives to promote understanding, reduce stigma, and empower individuals and professionals alike to address mental health challenges effectively, ultimately contributing to healthier individuals and communities.

Here is a comprehensive description and overview for each of the specified **Mental Health Trainings** offered by Amitie LLC for Certification programs and Continuing Education Units (CEUs). This includes training requirements, prerequisites, hours, field supervision requirements, materials, training costs (with and without textbooks), recommended textbooks, and costs per modality (individual vs. group rates).

1. Introduction to Mental Health for Professionals

- **Description:** This training provides foundational knowledge about mental health, common disorders, and the principles of effective support strategies, aimed at healthcare and community professionals.
- **Training Requirements:**
 - **Hours:** 8 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Course handouts and assessment tools.
 - **Textbook:** "Mental Health: A Very Short Introduction" (Current Cost: \$11.95)
- **Cost:**
 - **Individual Rate:** \$200 (with textbook: \$211.95)
 - **Group Rate (5 or more):** \$175 per participant (with textbook: \$186.95)

2. Trauma-Informed Care: Principles and Practices

- **Description:** This training focuses on the principles of trauma-informed care, emphasizing practices that create safe environments for clients who have experienced trauma.
- **Training Requirements:**
 - **Hours:** 6 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Trauma-informed care resource guides.
 - **Textbook:** "Trauma-Informed Care in Behavioral Health Services" (Current Cost: \$49.95)
- **Cost:**
 - **Individual Rate:** \$150 (with textbook: \$199.95)
 - **Group Rate (5 or more):** \$125 per participant (with textbook: \$174.95)

3. Crisis Intervention and Management Training