

- **Individual Rate:** \$150 (with textbook: \$210.00)
- **Group Rate (5 or more):** \$125 per participant (with textbook: \$185.00)

9. Creating a Community Health Improvement Plan

- **Description:** This workshop guides participants through the process of developing a Community Health Improvement Plan (CHIP), focusing on community assessment, priority setting, and strategy development.
- **Training Requirements:**
 - **Hours:** 3 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** CHIP templates and planning resources.
 - **Textbook:** "The Community Health Improvement Process: A Guide for Practitioners" (Current Cost: \$40.00)
- **Cost:**
 - **Individual Rate:** \$75 (with textbook: \$115.00)
 - **Group Rate (5 or more):** \$60 per participant (with textbook: \$100.00)

10. Promoting Healthy Lifestyles in Communities

- **Description:** This training focuses on strategies for promoting healthy lifestyles, including nutrition, physical activity, and well-being, within community settings.
- **Training Requirements:**
 - **Hours:** 4 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Lifestyle promotion resources and activity guides.
 - **Textbook:** "Promoting a Healthy Lifestyle: A Guide for Health Educators" (Current Cost: \$50.00)
- **Cost:**
 - **Individual Rate:** \$100 (with textbook: \$150.00)
 - **Group Rate (5 or more):** \$80 per participant (with textbook: \$130.00)

Summary

The **Community Health/Health Trainings** offered by Amitie LLC are designed to provide valuable skills and knowledge to professionals and community members working to improve health outcomes across populations. Each training emphasizes practical strategies, community engagement, and a holistic view of