

- **Target Audience:** Community organizers, health educators, and local leaders.
- **Cost:** \$75

## 10. Trauma Prevention Strategies for Families

- **Description:** This workshop educates families on trauma prevention and building resilience. Participants will learn about the impact of trauma and effective strategies to create supportive family environments.
- **Focus:** Educating families on preventing trauma and building resilience.
- **Duration:** 3 hours
- **Target Audience:** Parents, caregivers, and family support workers.
- **Cost:** \$100

## Summary

The **Prevention Trainings** workshops offered by Amitie LLC are designed to empower individuals and professionals in their communities to effectively address health issues through proactive strategies. By focusing on various aspects of health prevention and community engagement, these workshops aim to create informed, healthy communities equipped to tackle pressing health challenges. Each training emphasizes practical techniques and knowledge, fostering an environment of collaboration and mutual support. Each session offers flexible learning formats, promoting accessibility for all interested participants.

Here's a comprehensive description and overview for each of the specified **Prevention Trainings** offered by Amitie LLC for Certification programs and Continuing Education Units (CEUs). Each program is structured to equip participants with essential skills and knowledge to effectively prevent health issues within their communities.

### 1. Preventing Substance Use in Communities

- **Description:** This training provides participants with strategies and approaches to raise community awareness about substance use prevention and implement effective education programs.
- **Training Requirements:**
  - **Hours:** 6 hours
  - **Prerequisites:** None
  - **Field Supervision:** None required
  - **Materials:** Course handouts, prevention education toolkit.
  - **Textbook:** "Preventing Substance Abuse: A Guide for Program Planners" (Current Cost: \$55.00)
- **Cost:**
  - **Individual Rate:** \$150 (with textbook: \$205.00)
  - **Group Rate (5 or more):** \$125 per participant (with textbook: \$180.00)

### 2. Suicide Prevention Training

- **Description:** A workshop focused on recognizing the signs of suicidal thoughts and effective prevention strategies, empowering participants to take action.
- **Training Requirements:**