

- **Cost:**
 - **Individual Rate:** \$75 (with textbook: \$115.00)
 - **Group Rate (5 or more):** \$60 per participant (with textbook: \$100.00)

6. Health Education Strategies for Disease Prevention

- **Description:** This training covers effective strategies for educating communities about preventive health behaviors, aiming to enhance public health knowledge and skills.
- **Training Requirements:**
 - **Hours:** 6 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Health education resource guides and activity plans.
 - **Textbook:** "Health Education: Creating Strategies for School & Community Health" (Current Cost: \$60.00)
- **Cost:**
 - **Individual Rate:** \$150 (with textbook: \$210.00)
 - **Group Rate (5 or more):** \$125 per participant (with textbook: \$185.00)

7. Understanding Mental Health in Preventive Contexts

- **Description:** This training focuses on the role of mental health in preventive care and how to address mental health issues as part of community health initiatives.
- **Training Requirements:**
 - **Hours:** 3 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Mental health awareness resources and assessment tools.
 - **Textbook:** "Understanding Mental Health: A Guide for Community Health Workers" (Current Cost: \$40.00)
- **Cost:**
 - **Individual Rate:** \$100 (with textbook: \$140.00)
 - **Group Rate (5 or more):** \$75 per participant (with textbook: \$115.00)

8. Crisis Prevention and Management in Community Services

- **Description:** This workshop focuses on crisis prevention techniques and management strategies to avoid crises in community health settings.
- **Training Requirements:**
 - **Hours:** 4 hours
 - **Prerequisites:** None
 - **Field Supervision:** None required
 - **Materials:** Crisis intervention manuals and response plans.
 - **Textbook:** "Crisis Management: A Guide for Healthcare Professionals" (Current Cost: \$50.00)
- **Cost:**
 - **Individual Rate:** \$100 (with textbook: \$150.00)
 - **Group Rate (5 or more):** \$80 per participant (with textbook: \$130.00)