

- **Description:** This training addresses the best practices for providing therapeutic services via telehealth, including session management, client privacy, and ethical considerations in therapy.
- **Training Requirements:**
 - **Hours:** 3 hours
 - **Prerequisites:** Mental health professional credentials required.
 - **Field Supervision:** None required.
 - **Materials:** Teletherapy best practices guides and ethical frameworks.
 - **Textbook:** "Teletherapy: A Guide for Therapy" (Current Cost: \$50.00)
- **Cost:**
 - **Individual Rate:** \$75 (with textbook: \$125.00)
 - **Group Rate (5 or more):** \$60 per participant (with textbook: \$110.00)

Summary

The **Telehealth Trainings** provided by Amitie LLC are essential for equipping healthcare professionals and support workers with the necessary skills to deliver effective care in virtual environments. Each training emphasizes critical skills such as crisis intervention, cultural competence, and effective communication, fostering an understanding of how to navigate the complexities of telehealth. By offering a range of formats and ensuring accessibility, these programs support workforce development and ultimately aim to improve client outcomes in telehealth settings.

Description of Trauma-Informed Service Delivery Trainings

The **Trauma-Informed Service Delivery Trainings** offered by Amitie LLC are designed to equip professionals across various sectors with the understanding and skills necessary to implement trauma-informed care approaches effectively. These trainings emphasize the impact of trauma on individuals and the importance of creating safe, supportive environments that foster healing and resilience. By integrating trauma-informed principles into service delivery, participants will enhance their ability to support clients holistically, effectively address their needs, and facilitate meaningful recovery.

Key Factors of the Trauma-Informed Service Delivery Trainings:

1. **Understanding Trauma:** Participants will learn about the prevalence of trauma and its effects on mental, emotional, and physical well-being. This foundational understanding is crucial for any professional who interacts with individuals affected by traumatic experiences.
2. **Core Principles of Trauma-Informed Care:** The trainings cover the key principles of trauma-informed care, including safety, trustworthiness, peer support, collaboration, and empowerment. These principles will guide participants in creating supportive environments for all clients.
3. **Practical Implementation Strategies:** The programs provide actionable strategies for integrating trauma-informed practices into everyday service delivery. Participants will develop skills to assess client needs through a trauma-informed lens and make appropriate adjustments to their approaches.