

## 1. Trauma-Informed Care Fundamentals Certification

- **Description:** This foundational training introduces participants to the principles and practices of trauma-informed care. Participants will learn how trauma affects individuals' well-being and how to apply these principles in various service delivery settings.
- **Training Requirements:**
  - **Hours:** 40 hours
  - **Prerequisites:** None
  - **Field Supervision:** 10 hours of supervised practice in a relevant setting recommended.
  - **Materials:** Comprehensive training manual, case studies, participant workbook.
  - **Textbook:** "Trauma-Informed Care in Behavioral Health Services" (Current Cost: \$49.95)
- **Cost:**
  - **Individual Rate:** \$800 (with textbook: \$849.95)
  - **Group Rate (5 or more):** \$700 per participant (with textbook: \$749.95)

## 2. Advanced Trauma-Informed Care Strategies

- **Description:** This advanced training builds on the fundamentals, providing participants with deeper insights into complex trauma and advanced strategies for implementing trauma-informed practices in various settings.
- **Training Requirements:**
  - **Hours:** 20 hours
  - **Prerequisites:** Completion of the Trauma-Informed Care Fundamentals Certification.
  - **Field Supervision:** 5 hours of supervised practice in a relevant setting recommended.
  - **Materials:** Advanced training modules, specialized resource guides.
  - **Textbook:** "The Body Keeps the Score" (Current Cost: \$19.99)
- **Cost:**
  - **Individual Rate:** \$500 (with textbook: \$519.99)
  - **Group Rate (5 or more):** \$400 per participant (with textbook: \$419.99)

## 3. Trauma-Informed Practices for Mental Health Providers

- **Description:** This training targets mental health professionals, focusing on integrating trauma-informed practices into therapeutic settings. Participants will learn how to recognize trauma symptoms and provide supportive interventions.
- **Training Requirements:**
  - **Hours:** 30 hours
  - **Prerequisites:** Relevant certification in mental health or significant clinical experience.
  - **Field Supervision:** 5 hours recommended.