

- **Duration:** 2 hours
- **Target Audience:** Mental health professionals, case managers, social workers, and emergency service providers.
- **Cost:** \$75

3. Understanding Mental Health Disorders: A Comprehensive Overview

- **Description:** This workshop provides an overview of common mental health disorders, their symptoms, and treatment options. It aims to enhance understanding of various conditions that may affect clients.
- **Focus:** Common mental health conditions and their treatments, equipping participants with the knowledge needed to recognize and respond appropriately.
- **Duration:** 3 hours
- **Target Audience:** Mental health professionals, healthcare providers, educators, and community service workers.
- **Cost:** \$100

4. Ethics in Mental Health Practice

- **Description:** This training examines the ethical dilemmas that mental health professionals may encounter in their practice. Participants will engage in discussions about ethical standards and decision-making processes.
- **Focus:** Ethical dilemmas and decision-making in mental health care, fostering integrity and professionalism in practice.
- **Duration:** 2 hours
- **Target Audience:** Mental health professionals and students in counseling or social work programs.
- **Cost:** \$75

5. Cognitive Behavioral Therapy (CBT) Fundamentals

- **Description:** This workshop introduces the basic principles and applications of Cognitive Behavioral Therapy (CBT). Participants will learn how CBT techniques can be used to help clients manage mental health conditions.
- **Focus:** Basic principles and applications of CBT in practice, providing practical skills for mental health interventions.
- **Duration:** 3 hours
- **Target Audience:** Mental health practitioners, counselors, and social workers.
- **Cost:** \$100

6. Supporting People with Co-Occurring Disorders

- **Description:** This training focuses on strategies for addressing the unique challenges faced by individuals with co-occurring mental health and substance use disorders. Participants will learn integrated approaches to treatment.
- **Focus:** Strategies for addressing dual diagnosis cases, equipping professionals with the skills to provide comprehensive support.
- **Duration:** 2 hours