

Empowering Behavioral Health Case Management Services: Training Series

1. Empowerment and Self-Advocacy in Care

- **Description:** This training helps clients understand their rights and teaches essential self-advocacy skills to ensure they can actively participate in their care processes.
- **Relevance:** Encourages clients to take charge of their care, fostering independence and confidence.
- **Training Requirements:**
 - Hours: 4 hours
 - Prerequisites: None
 - Field Supervision: None required
 - Materials: Handouts, resources on rights, and advocacy strategies.
 - Textbook: "Your Rights Matter: A Guide for Consumers" (Current Cost: \$20.00)
- **Cost:**
 - Individual Rate: \$100 (with textbook: \$120.00)
 - Group Rate (5 or more): \$80 per participant (with textbook: \$100.00)

2. Understanding Your Case Management Services

- **Description:** Educates consumers about what to expect from case management services and how to engage effectively with service providers.
- **Relevance:** Enhances transparency and trust, improving the overall client-provider relationship.
- **Training Requirements:**
 - Hours: 3 hours
 - Prerequisites: None
 - Field Supervision: None required
 - Materials: Service overview documents and FAQs.
 - Textbook: "Understanding Case Management: A Consumer's Guide" (Current Cost: \$25.00)
- **Cost:**
 - Individual Rate: \$75 (with textbook: \$100.00)
 - Group Rate (5 or more): \$60 per participant (with textbook: \$85.00)

3. Mental Health Awareness: A Consumer's Guide

- **Description:** Provides information about available mental health services and guidance on how to access these resources effectively.
- **Relevance:** Necessary given the rising mental health issues amidst current social pressures.
- **Training Requirements:**
 - Hours: 4 hours
 - Prerequisites: None
 - Field Supervision: None required
 - Materials: Brochures on mental health resources and access paths.
 - Textbook: "Mental Health 101: Understanding Your Rights" (Current Cost: \$30.00)
- **Cost:**
 - Individual Rate: \$100 (with textbook: \$130.00)
 - Group Rate (5 or more): \$80 per participant (with textbook: \$110.00)

4. Support Groups: Building Community Resilience

- **Description:** Facilitation of peer support groups that promote shared experiences and resource sharing among participants.
- **Relevance:** Enhances community support networks, fostering resilience.
- **Training Requirements:**
 - Hours: 3 hours
 - Prerequisites: None
 - Field Supervision: None required
 - Materials: Group facilitation guides and support tools.
 - Textbook: "Building Resilience in the Community" (Current Cost: \$28.00)
- **Cost:**
 - Individual Rate: \$75 (with textbook: \$103.00)
 - Group Rate (5 or more): \$60 per participant (with textbook: \$88.00)