

13. Skills for Daily Living Workshops

- **Description:** Life skills training focusing on daily activities approaches to independence, aimed at empowering clients.
- **Relevance:** Important for developing skills that enhance daily living and self-sufficiency.
- **Training Requirements:**
 - Hours: 8 hours (two sessions)
 - Prerequisites: None
 - Field Supervision: None required
 - Materials: Life skills manuals and practical tools.
 - Textbook: "Daily Living Skills: A Practical Handbook" (Current Cost: \$45.00)
- **Cost:**
 - Individual Rate: \$200 (with textbook: \$245.00)
 - Group Rate (5 or more): \$175 per participant (with textbook: \$220.00)

14. Transitions to Independence for Young Adults

- **Description:** Programs designed to support young adults aged 16-24 in learning essential skills for independent living and successfully transitioning to adulthood.
- **Relevance:** Crucial for fostering independence among youth as they navigate adulthood.
- **Training Requirements:**
 - Hours: 10 hours (two 5-hour sessions)
 - Prerequisites: None
 - Field Supervision: None required
 - Materials: Transition resources and toolkits.
 - Textbook: "The Transitions Handbook" (Current Cost: \$39.99)
- **Cost:**
 - Individual Rate: \$250 (with textbook: \$290.00)
 - Group Rate (5 or more): \$225 per participant (with textbook: \$265.00)

15. Foster Care Youth Independent Living Skills Training

- **Description:** Specialized training for youth aging out of foster care, focusing on life skills critical for self-sufficiency and success.
- **Relevance:** Essential training given the transitions foster youth face as they move toward independence.
- **Training Requirements:**
 - Hours: 12 hours (three sessions)
 - Prerequisites: None
 - Field Supervision: None required
 - Materials: Independent living skill resources and checklists.
 - Textbook: "Independent Living Skills for Youth in Foster Care" (Current Cost: \$30.00)
- **Cost:**
 - Individual Rate: \$300 (with textbook: \$330.00)
 - Group Rate (5 or more): \$250 per participant (with textbook: \$280.00)

16. Healthcare Access Education

- **Description:** Workshops aimed at helping consumers navigate and access essential healthcare services, including insurance and provider access issues.
- **Relevance:** Knowledge of how to access care is increasingly important in complex healthcare settings.
- **Training Requirements:**
 - Hours: 5 hours
 - Prerequisites: None
 - Field Supervision: None required
 - Materials: Navigational guides for healthcare access.
 - Textbook: "Navigating Healthcare Access for Everyone" (Current Cost: \$50.00)
- **Cost:**
 - Individual Rate: \$125 (with textbook: \$175.00)
 - Group Rate (5 or more): \$100 per participant (with textbook: \$150.00)